

Sandwiches



	Bread	Roll
Buttered	0.80	1.00
Vegemite	1.20	1.40
Honey	1.20	1.40
Ham	1.70	1.90
Tuna	1.70	1.90
Egg & mayonnaise	1.70	1.90
Cheese	1.50	1.70
Tomato	1.50	1.70
Salad	2.20	2.40
Extras	(20 cents each)	
Lettuce	Cheese	Tomato
Avocado	Pineapple	Beetroot
Cucumber	Mayo (squirt only)	

Toasted Sandwiches

Cheese	1.90
Ham & Cheese	2.20
Baked beans	2.20
Spaghetti	2.20
Extras	20 cents each

Salad Box

Layers of lettuce, tomato, carrot, cucumber, sliced cheese and 1 slice of buttered bread served with a fork and Italian dressing 3.00

Extras	
Ham, egg or tuna	0.50 each
Beetroot or pineapple	0.20 each

Sushi (per roll)

Teriyaki chicken & lettuce	2.50
Teriyaki beef	2.50
Tuna & cucumber	2.50
Avocado	2.50
Vegetable	2.50

(One soy sauce per roll)



Corpus Christi Canteen menu Term 2, 2010

DUE TO HEALTH REGULATIONS, THE TUCKSHOP CANNOT REHEAT FOOD BROUGHT FROM HOME

Colour key: Traffic Light System for food choices



RED - "Occasional Foods" allowed twice per term eg: donut day (no RED foods on our menu)

AMBER - "Select Carefully" some nutritional value

GREEN - "Fill The Menu Foods" nutritious, low fat, low salt, low sugar, low kilojoule choices



Hot food

Meat pie	2.50
Chicken and vegetable pie	3.00
Sausage rolls	2.00
Chinese fried rice	2.50
Hokkein noodles	2.50
Chicken wrap - chicken, lettuce, mayo (sweet chilli sauce optional)	3.50
Pasta - pasta spirals cooked daily with Napolitano sauce	2.50
Corn	0.80

Drinks

Just Juice - apple, orange, paradise punch	
Apple blackcurrant	1.00
Flavoured milk	1.50
- Chocolate, strawberry or banana	
Water	1.00
Play Fruit water	1.20



Snacks available recess or lunchtime



Hot popcorn	0.80
Warm cheese half roll - recess only	0.80
Mamee Rice sticks -cheese or vegetable	0.70
Kettle Chips - plain or honey chicken	1.00
Fruity Jelly Bites	0.20
Sun Fruits	4 for 0.20
Licorice - black or red	0.15

Frozen Treats only available at lunch time.

Cannot be ordered on lunch bags (money will be taped back on bag)

Quelch Fruit Sticks	0.40 / 0.20 half
Frozen yoghurt - wild strawberry	1.30
Calippos	0.80
Paddle Pops	1.00
- Chocolate, banana, rainbow	
Moosies (frozen milk)	1.00



Miscellaneous

Tomato sauce	0.20
Paper bag	0.10

- ❖ The canteen is open on Mondays and Fridays from 8.45 to approx 2.15
- ❖ Any forgotten lunch orders handed in late that require hot food cannot be done. Your child will be supplied with a simple sandwich only.
- ❖ Write clearly child's name and class on a paper bag.
- ❖ Write order and quantity.
- ❖ Write price and amount enclosed. Change will be taped to front of bag. Inform your child to look for this.
- ❖ Remind your child to put their order in the lunch basket.
- ❖ Do not tape or staple the bag. Fold bag to keep money safe.

